



## Wild Wellbeing Assistant - Volunteer Role Description

### Role Description

Title of Role: Wild Wellbeing Assistant Volunteer

Responsible to: Wellbeing Officer

Location: Various across Derbyshire

Time commitment: Flexible

### General Information

We are working hard to ensure everyone in Derbyshire gets the chance to experience and benefit from nature. This role will support a number of health and wellbeing activities to young people, local communities, voluntary and community sector organisations and NHS partners. It will also support the development of a green prescribing model to deliver nature based activities for improved physical and mental health.

Activities can include nature craft, bushcraft, mindfulness activities, wildlife gardening, and wildlife spotting.

### Main duties

- Assisting staff in planning and preparing for events and activities
- Assisting staff in the delivery of events and activities

### Skills / Qualities Required

- A willingness to sometimes work outdoors and learn something new
- Enthusiasm is essential!
- Personable and sociable
- Love of wildlife and nature (an in-depth knowledge is not necessary)
- Be able to communicate effectively with people from all ages and backgrounds
- Patient and supportive





# Derbyshire Wildlife Trust

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 @derbyswildlife

 Derbyshire Wildlife Trust

Derbyshire Wildlife Trust is registered in  
England and Wales, company number 715675  
and is registered charity number 222212

**Training** – An induction will be given and any training given as necessary.

### **Expenses**

Travel expenses to events will be reimbursed

### **Other**

Due to the nature of the role working with vulnerable young people and adults a DBS check may be required

We aim to have a volunteer get together at least twice a year to meet and share skills/experiences

