

Seven nuts to spot this autumn

PRICKLY PALS

Discover the world of hedgehogs



Issue 103 Autumn 2022

MAGAZINE

Who will win in the battle to be king of the herd!



Editor's corner

TOM HIBBERT

Editor, Wildlife Watch

It's autumn again, a fantastic season of change! Have you spotted any leaves turning red, yellow, or gold yet? If you've ever wondered why the trees change colour, you can discover the answer on page 23!

Whilst many of our trees are losing their leaves, some special plants are only just starting to bloom. Turn to page 12 to see the flowers adding even more colour to autumn. But this issue isn't just about pretty sights; there's action in autumn, too! On page 20 we delve into the dangerous world of duelling deer, where stags battle to be the best.

We've also got plenty for you to do too! See how many kinds of nuts you can spot after reading all about them on page 18, or use our guide to making a footprint trap to see what wildlife is roaming your garden. Don't forget to keep sending us your artwork, photos, and stories!

Have a wild autumn!



R/W0

GET IN TOUCH

Email us at:
watch@wildlifetrusts.org
Ring us on:
01636 677711
Write to us at:
Wildlife Watch
The Kiln
Mather Road
Newark

f wildlifetrusts

NG24 1WT

@wildlifetruststhewildlifetrusts

● WildlifeWatchUK

WILD THINGS

News from our Wildlife Watchers

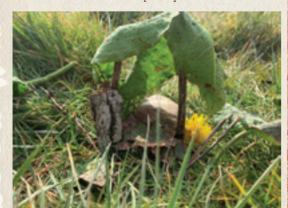
POND SNAIL SURPRISE



e're thrilled to see another great wildlife pond made by a Wildlife Watcher! Olivia (aged 5) from Surrey created this pond a few months ago. She was delighted to discover that some water snails have moved in!

MINIBEAST MANSIONS

allory and friends from Staffordshire went on a trip to Tuckleshome Nature Reserve near Burton-on-Trent, where they made bug hotels from natural materials! These little houses are super stylish.



NURDLE KNOWLEDGE

his fantastic fish
was made by Amy
(age 7) from
Hampshire. It was
made from clay
and plastic
nurdles (a type of
litter) she cleaned
up from the
beach. She used
a photo of it in a
book her family has
written about nurdles.

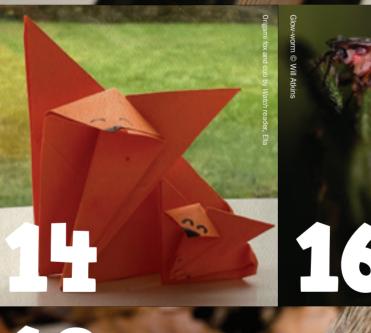


BEETLE BRILLIANCE

Tilliam (aged 7) from Hertfordshire found an impressive lesser stag beetle in his garden for the second year in a row! He's put out some old tree branches to give young beetles somewhere to live.

Herbie (aged 4) from Surrey spotted this beetle's even larger cousin, the stag beetle! One female was in his garden and another was wandering along a path — see the photo in the circle above!











Regulars

- **02** Wild Things
- **04** The Science Section
- **05** Your Photos
- **10 Heroic Habitats**Super saltmarshes
- 11 Shieldbug Poster
- 14 Gallery
- 16 Weird Nature
 Bizarre bums
- **How to...**Make a footprint trap
- **22 Feature Creature**Short-eared owl
- 23 Why do Trees Change Colour?
- 24 Competitions

Features

- **06** Clever Corvids
- **08** Prickly Perfection All about hedgehogs
- **12** Autumn Flowers
- **18 Know Your Nuts**How many can you spot
- this autumn?

 20 Duelling Deer

WILDLIFE WATCH 103

Editor: Tom Hibbert

Editorial Team: Ashleigh Carter, Charlotte Varella, Joanna Richards, Leanne Smart, Mike Watson



Check out wildlifetrusts.
org/privacy-policy to
find out how we keep
your information safe.



What's Wildlife Watch?

Wildlife Watch is the junior branch of The Wildlife Trusts. Join Wildlife Watch and start your nature adventure. Prices range from £10-£24 per year for childonly membership and £30-£60 for family membership.

Ceive a starter pack sues of Wildlife pocked full of amazing pictures posters and competitions. We also have a really wild website and e-newsletter full of wild ideas and nature-spotling tips. Plus you get access to local events and groups. Go to wildlifewarch.org.uk to find out more.



The Science Se ction



In every issue this year we'll be bringing you a fact-packed science section, sharing recent discoveries about weird and wonderful wildlife and explaining the meaning of some scientific words.

wee-vil or weev-ul)

beetles that are best known

for their long 'snouts', though

some weevils actually have

quite short ones. Around 500

Weevils are a group of

WILD WORDS

Impress your friends with new words from the world of wildlife species of weevil have been science! seen in the UK!

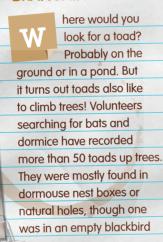
PARASITE (pa-ruh-site)

A living thing (animal, plant, or single-celled lifeform) that gets its food from another living thing, usually by living on it or inside it. A tick is a parasite because it clings to other animals and sucks their blood.

HIBERNACULUM (hi-ber-nak-u-lum)

This is the name given to any place where an animal shelters for the as a hibernaculum. Many caterpillars make their own out of silk

RECENT DISCOVERIES **BRANCHING OUT**



nest. One toad even made it more than three metres up an oak tree! Scientists think tree-climbing toads may be even more common than this – there could be a toad in one in every hundred trees. Now experts want to figure out why these toads are climbing trees. It could be to find food, or maybe to avoid predators - we're not really sure!

ALL A FLUTTER



However, in the last few years, small numbers have been found breeding on the Dorset coast. This has given some hope that they might make a comeback in England! There was more good news this summer, when they were also discovered breeding at the rewilding estate, Knepp, in Sussex. We'll have to wait and see if the large tortoiseshell can come back to Britain for good!



We were sent so many wonderful photos this issue, we just had to share them with you. So instead of Your Stories, here are Your Photos!

Lydia (aged 15) was at her favourite nature reserve when a male great spotted woodpecker appeared. Just as she was about to take the photo, a young woodpecker (with the red head) joined him! What a fantastic photo!





Ruby (aged 6) was walking in her local woods when she took this wonderfully sharp photo of a common spotted orchid. She saw lots of them on her visit - aren't they beautiful?



Ava (aged 11) captured this incredible photo of an adder. Ava did a great job of getting the eye in focus whilst shooting through cluttered branches What a stunning snake!



Campbell (aged 8) was quick enough to get this great photo of a lizard basking on the sand! Did you know that if a lizard feels threatened, it can drop its tail to distract the possible predator whilst it escapes?



Grace (aged 12) snapped this scenic shot of a ladybird lounging on a leaf. It has such lovely vibrant colours with the green of the leaves, the blue of the flowers, and of course the bright red beetle!

Do you want to write for the magazine? Send vour stories and ideas to vatch@wildlifetrusts.org







et me tell you a story. A thirsty crow found a pitcher (a jug) with a little water in it. But it couldn't reach the water because the pitcher was too tall and the bird's beak was too short. After thinking for a while, the crow had an idea. It collected pebbles and dropped them into the pitcher. With each pebble, the level of the water rose slightly. Eventually, the crow was able to reach the water and enjoy a well-earned drink!

The lesson of the story is: clever thinking

are birds in the Corvids are birds in the Corvidae (or crow)

Species in the UK - carrion raven, rook, chough, jackdaw, jay and magpie.

n special tests in captivity, rooks, jays and some species of crow have all been able to work out the 'pitcher puzzle'. Scientists reckon this requires the same brain-power as a 7-year old human child!

Clever corvids can solve problems in the wild too - like how to open food with a tough shell. Hooded crows drop shellfish on to hard rocks to break them apart. Carrion crows in Japan put hard-to-crack walnuts on the road and pick up the pieces after they've been run over by cars. They even place the nuts on pedestrian

crossings so they can

the lights turn red!

collect them safely when

TOOL

Several animals use tools in the wild, including apes, dolphins, sea otters and even octopuses - but Hey, I know you! corvids are the only ones (apart from Scientific tests have shown that primates) to make magpies can recognise tools. New rows (which live on themselves in islands in the Pacific Ocean) poke twigs into tree holes to get at hardto-reach insects. But they'll also bend and carve speciallyselected sticks into hooks to make their tools even better!

Bird Brain! A crow's brain is small, but packed with 1.5 billion brain cells about the same numbe as some species of monkey!

ome scientists say that another sign of intelligence in – the biggest corvids of all - sometimes break twigs off trees to play with. They've even been seen sliding down the snowcovered slopes of mountains on their backs! Caww... what fun!

MEGA MEMORY

any corvids have amazing memories. In autumn, the UK's population of jays are busy storing food away for the winter. Over the season, a single jay might bury more than 3,000 acorns in the ground! When food becomes scarce in the colder months, the jay remembers where it buried its stash of snacks and digs them all up (well, almost all of them – the jays do forget a few acorns which then grow into oak trees!).

CLEVER PLAY

animals is playing. Ravens





I'm Rachel from Essex Wildlife Trust and I love saltmarshes! I enjoy visiting the coast and listening to the sounds of the saltmarshes.



What are saltmarshes?

Saltmarshes are a special habitat found along the coast between the land and sea. They are called saltmarshes as they are made up of unusual, strong plants that can live in pretty salty water. They have muddy channels that wind through them, making them look a bit like a brain from above!



What wildlife lives there?

Saltmarshes are home to loads of amazina wildlife! Birds absolutely love them - you'll often find them feeding on tiny critters and plants in the mud and in the water, or just having a paddle and a rest. In the winter listen out for the gentle 'honk' of flocks of brent geese. There is a secret world within

the water too, as saltmarshes are safe, sheltered areas for baby fish! As the tide rises and the water gets deeper in the saltmarshes' muddy channels, baby fish like bass and mullet swim in to hide from predators, rest, eat and grow big and strong. Take a closer look at the saltmarsh plants and you might spot a bee buzzing around the summer flowers or find some samphire — a succulent, salt-loving plant that some

How do they fight the climate crisis?

Saltmarshes are real-life superheroes! They help us fight the climate crisis as they absorb and lock away carbon in their plants and mud. Some saltmarshes have very deep mud and can lock-up carbon for hundreds of years - or even longer! It's important we help saltmarshes to be healthy and strong so they can continue to hold this precious carbon-filled mud for centuries.

How can we help them?

In the UK, we sadly lose lots of saltmarsh every year and the saltmarsh we have left is not as strong as it used to be - they need our help! One exciting way we can help is by creating 'new' saltmarsh by letting salty water into some dry areas along the

Saltmarshes can absorb and store when you visit. carbon faster than rainforests!

coast. You can also help by keeping on paths off saltmarshes (to help them stay strong) and by taking home your litter





I love wildflowers! My favourite thing is helping people find out more about our wonderful wildflowers and the wildlife they support.



PLANTING FOR POLLINATORS

Pollinators need to be able to find nectar during autumn and winter. You'll be helping them get through the colder months by planting late-flowering plants like these in your garden

part: bsbi.org/new-year-

plant-hunt



There are lots of wildflowers that bloom in summer - but what happens when autumn arrives? Some summer plants keep flowering until the frost comes. Others don't even appear until autumn!

AUTUMN GENTIAN



This little plant has clusters of pinky-purple bell-shaped flowers. It blooms from July October, but if the weather 't very sunny, the flowers don't open up fully. Keep this one if you are by the seaside on the south coast and the sun is shining.



You probably know ivy already, with shiny green leaves that last right through the winter – maybe it grows on a wall near where you live? But have you ever spotted its tiny yellow-green flowers? They come out in September and provide nectar for bees and other pollinators right through autumn. The flowers turn into berries full of seeds in the winter. Birds such as blackcaps

love them, but the berries are poisonous to humans. They also taste horrible, so don't be tempted to try them!

AUTUMN LADY'S-TRESSES



This plant is a kind of orchid and it found more than 600 different got its name because people used to think it looked like a lady's hair! I don't really think it does – do you? – but it is pretty, with tiny little white kinds! Find out how to take flowers that go up the stem in a spiral. It grows in the south of England in short grass and is incredibly rare.



bloom? Last year, plant hunters This plant has yellow flowers. It looks a lot like a dandelion. You'll need to look really closely through a magnifying glass to see that this plant has tiny hairs that are forked at the tip. Dandelions don't have any hairs. If you get right down on the ground and look at it from below, you'll see that some of the yellow petals are red underneath. This plant grows across most of Britain in grassland and on road verges.



Yarrow has flat flowerheads made up of lots of little white or pale pink flowers. It has feathery leaves which smell sweet when you bruise them. It is attractive to lots of different pollinators including hoverflies and bumblebees – it is also an important food plant for many species of moth. Yarrow grows in wasteland and on road verges across the whole of the UK. It starts flowering in summer but can keep going through autumn and into winter.



This plant has lots of small red flowers in its flowerhead It grows across most of the UK on old walls, on railway banks and on bare or waste ground. It's not originally from the UK but is a good source of nectar for bees, butterflies, and moths. Hummingbird hawkmoths love it! This plant flowers through summer and autumn and often carries on blooming until New Year's Day. Lots of families have spotted it during the New Year Plant Hunt.



WEST TO THE STATE OF THE STATE

bums can do

THIS ISSUE: BIZARRE BUMS

FROGHOPPER



Have you ever spotted frothy white bubbles all over a plant stem? We call this foam 'cuckoospit', but it doesn't come from a cuckoo! It's created by young froghoppers, a type of bug. They hide inside it to avoid predators. They make the foam by blowing hubbles from their bum!

BOMBARDIER BEETLE



These brilliant beetles take bum-based defence to the next level! When they're threatened, they fire bursts of burning hot liquid out of their bum to hurt their attacker. This spray is around 100 degrees Celsius and can quickly kill other insects!

SEA CUCUMBER



These sausage-shaped sea creatures are related to starfishes. They breathe through their bum, but also have a secret weapon back there. If they're in danger, they can fire out some of their organs! The sticky mess distracts predators whilst the sea cucumber escapes.

SEA'ANEMONE

Some creatures, like sea

anemones, don't have a

mouth and a butt - they use

the same opening for both.

That's right, they eat with

their mouth, depending on

how you want to look at it.

Either way, it's pretty gross!

their bum! Or poo from

PYGMY SPERM WHALE



Sea cucumbers aren't the only animals to use their bums as a distraction. When pygmy sperm whales feel threatened, they poop out a cloud of reddish-brown fluid stored in a sac in their intestine. This makes the water murky, giving them a chance to escape! Squids do the same thing by spraying ink.

DRAGONFLY NYMPH



Young dragonflies suck in water through their butt and hold it inside them. This helps increase the pressure inside their body. which lets them fire out their mouthparts incredibly quickly to grab their prey. They also shoot the water out like a jet pack, and breathe through their bum!

GLOW-WORM



These bizarre beetles might not spray deadly chemicals out of their bum, but their backsides are still pretty impressive. Female glowworms glow in the dark! Their rear ends light up a yellowishgreen colour, to attract any males that are flying by. When animals create light like this, it's called bioluminescence.

SPIDERS



Spiders have some pretty useful tools stuck to their bums: a set of little nozzles called spinnerets. These produce the webbing that spiders use to catch prey, protect their eggs, and even ride the wind! Spinnerets are not part of the butt, so although it might look like it, spiders don't actually poop their webs.

animal

with damp sand and smooth out the surface Fill an old baking tray with a ruler.

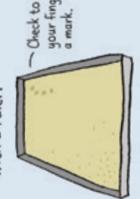
old baking tray

You will need:

Place hedgehog food or meaty cat or dog food in a low-sided dish in the middle of the trau.

5

of the



Sand

fine grain

ruler

for footprints Leave the trap overnight in a garden and check in by curious visitors morning

· low-sided dish

meaty cat or

poot gob

















.org. Watch Www.wildlife

UL GLANFIELD looks after nature reserves for Kent Wildlife Trust, and from a very young age has been passionate about all things that fly. sliver and crawl!

by Paul Glanfield

s summer turns to autumn the trees in hedgerows and woodlands begin to fill with berries and nuts. Nuts are a type of dry fruit that contain a single seed within a hard shell. The seed is usually full of natural oil, which makes it an important source of energy for lots of animals. Nuts help many creatures fatten up to survive the winter. Here are the seven most common nuts you'll find in the UK!



Also known as "cobs", these are the fruit of the hazel tree. They begin to ripen in small clusters as the hazel leaves change colour in October. You won't have to look far for hazel trees as they grow all over our countryside in hedgerow and woodlands.

HORSE

Did you know that peanuts and coconuts are not true nuts?



Horse chestnut trees also produce large glossy nuts in a spikey case. But don't mix them up with sweet chestnuts, as these ones are poisonous to people. Animals like deer and boar will eat them though. For us, they do come in handy for a game of conkers!



Acorns are the fruit of the oak tree. They're held in shallow cups and are the favourite dish of many woodland creatures. Mice, squirrels and birds gather these during autumn and store them safely away to keep them going during the long winter months.



Look beneath beech trees in autumn and you will find small, spiky pods holding triangular brown nuts. These beech nuts are the favourite food of some birds including bramblings, which travel across Europe in winter searching for them. Every 5-10 years beech trees will have a "mast" year and produce a bumper crop.



Sweet chestnut trees have been in this country since they were introduced by the Romans. They enjoyed roasting the nuts over an open fire, just as we do today! Look out for their prickly casings on the woodland floor in October, when they ripen and fall from the trees.



I bet you've seen a pinecone before, but how about pine nuts? All types of pine trees produce them, but some have larger nuts than others. The nuts are tucked inside the pinecones. If you find an open pinecone on the floor, you might be able to shake out some nuts – unless the squirrels beat you to it!



This is another tree that the Romans brought to the UK for its nuts! You'll find walnut trees in hedgerows and areas of untouched woodland. In October, the fleshy green fruits fall to the ground, with the nuts inside them. They are also a favourite of squirrels!

NUTS/ABOUT NUTS!

It's possible to tell what animals have been nibbling some nuts from the remains of the shell.

The

of the walnut,

of the Roman

Common dormice leave a smooth, round hole in the side of

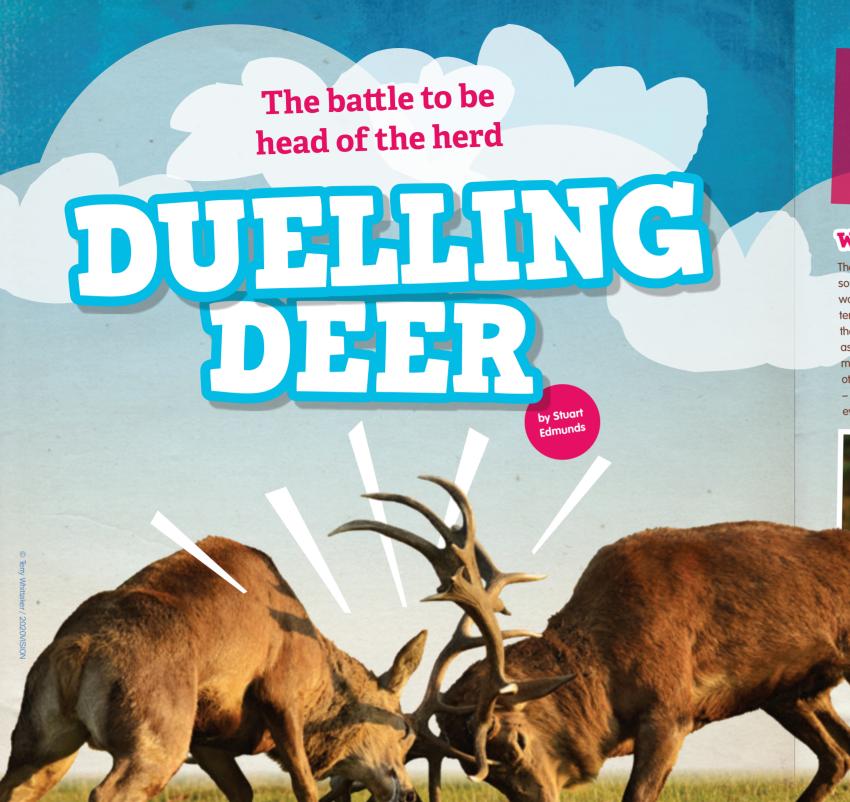
the nut, with teeth marks running around the inside of the hole.

Wood mice leave teeth marks on the surface of the nut and across the

edge of the hole, which is usually more ragged than with dormice.

Bank voles create a round hole but the teeth marks are across the edge of the shell, not on the surface. This can take them sometime, so you will often find collections of nibbled nuts under logs

If you find nuts cracked into irregular pieces these are usually left by birds like woodpeckers and nuthatches.



At this time of the year, if you go for a walk on the moors or in some remote woodlands, the atmosphere will be filled with the terrifying sounds of male deer (stags). After a year of feeding and bulking up, by autumn, they are ready for a fight to show their dominance. This is called the rutting season.

WHAT IS A RUT?

The word "rut" literally means "ROAR!". It's the sound that larger male deer make when they want to impress female deer (does) in their territory. Triggered by the shorter days, the rut is the time for males to attract as many females as they can to mate with. They do this by beating other stags in a battle of the antlers - often causing huge damage or even death in the process.



BELLOWING

take place between The terrifying roar of a big stag can be quite scary to us humans, so just imagine how intimidating it must sound to a smaller deer that's just about to start the fight! If a stag's roar is impressive enough, his rival might just run away without even trying to fight. The louder the roar, the more attractive the stag is to

BATTLE

males of different nearby females, too.

LOCKING ANTLERS

The battle begins with two stags sizing each other up and circling. Then when one feels they might have an advantage, he will launch himself headfirst into the head of the opponent with all the strength he can gather. The sounds of clashing antlers

can be heard for miles around. Older deer usually have heavier antlers with more sharp points to do damage, but it is normally the fighter who gains the higher ground that comes out as the winner.



fight from the age of

two, but battles rarely

Stuart Edmunds works for Shropshire Wildlife Trust. In his free time he

WHICH DEER RUT?

Red deer are famous for rutting. but they aren't the only ones that battle to be the best. There are several species of deer that have been brought to the UK from other countries, which also fight to defend territories and impress females. Like red deer, fallow

deer and sika deer both rut between September and November. The much smaller Chinese water deer rut a little later, in November and December. They have tusks instead of antlers, so fights aren't quite as dramatic.

Muntjac deer don't have a rutting season as they breed all year, but males do sometimes scrap over females. Our only other native deer, roe deer, rut in spring. They also use their smaller, pointed antlers to battle to be head of their herd.





Find the best



ESSENTIAL

FACTS

Scientific name

Asio flammeus

Size

90-105cm wingspan

Amazing fact

To defend their

nest, they

distract

potential

predators

to be hurt.

by pretending

usually faking a

broken wing!

I'M 'OWL' EARS

hort-eared owls (also known as shorties) are named for the short.

feathered tufts on top of their head. But these aren't their ears! They raise these tufts when they are agitated or being aggressive. Their ears are hidden under feathers on each side of their head.

They have piercing yellow eyes, surrounded by dark feathered rings. Their speckled light and dark brown bodies help them to camouflage in long grass.

HAVING A HOOT!

hort-eared owls begin calling whilst still inside the egg! Once grown. they have lots of calls to express themselves. A high-pitched rasp shouts discomfort. Their territorial song is a soft, repeated hooting that sounds like a steam train puffing down the track. Another call sounds like a dog barking!

Even with all these calls to choose from, they are very quiet birds and you rarely hear them. They don't want to draw attention to their nest, or let their prey know they're coming.

WHAT'S ON THE MENU?

neir favourite food is small rodents. like voles and mice. They will make sure there are lots nearby when them by helping to control the population of small mammals. Hunting can be tiring work stay put for a post-meal nap!

WHERE TO SPOT THEM

hort-eared owls are ground nesting birds that live all over the world, except in Antarctica and Australia. They love wide open spaces such as moorland grassland and saltmarshes. In the UK, they mostly breed on uplands in northern England and Scotland. In winter, they travel to the milder lowlands of the UK. particularly around the coast. Here, they are joined by migrant short-eared owls from Scandinavia and eastern Europe. You can sometimes spot

them flying in over the sea!

choosing a nesting spot. Their dinner choice has an important impact on the world around and after catching their prev, sometimes they

SAVING ENERGY

hides them all.

GOOD OLD GREEN

Before we explore the colour change,

let's take a look at why most leaves

leaves are green because they contain

a green chemical, called chlorophyll.

Chlorophyll is what lets plants take in

sunlight and use it to create sugars

that give them energy. They need this

energy to live and grow. Leaves also

contain lots of other chemicals that are

different colours, but the green chlorophyll

are green in the first place! These

Chlorophyll helps plants create energy, but it also costs energy to produce it. In winter, when there's less sunlight, chlorophyll wouldn't be able to make as much sugar. So, in autumn, the plants break the chlorophyll down into pieces and move them out of the leaves. They store them safely in other parts of the plant. Then in spring they put them back together to make chlorophyll for their new leaves.

WHY DO TREES

CHANGE COLOUR?

utumn woodlands are an

leaves turning red and gold. But what causes this incredible change?

explosion of colour, with green



FIERY FORESTS

As the green chlorophyll is pulled out of the leaves, you start to see the colours of the other chemicals that are left in them. These chemicals are red or yellow. The colour of an autumn leaf depends on how much of each chemical is in it. Sometimes the red is stronger, sometimes the yellow. The mix of reds, yellows and oranges creates the beautiful fiery colours that we see in our forests each autumn.

The trees don't stay fiery for long. Soon the leaves drop off completely. Without their chlorophyll, they aren't much use anymore, so the tree gets rid of them! They break the connection between the leaf and the twig, so that the leaf

can fall to the ground. Because they no longer have to look after their leaves, trees don't need to use as much energy in winter. They also get to save water that would be lost through







A WILD CHILD'S BOOK OF BIRDS

oin young naturalist Dara McAnulty to discover the wonderful birds of the UK. This beautifully illustrated book provides a seasonal guide to the birds you'll spot, as well as lots of info on birdsong, eggs, flight and so much more!

We've got FIVE copies to give away.

Buy online at: wtru.st/wild-child-birds RRP: £17.99



Name one plant that has flowers in autumn in the UK!

WIN A BUILD YOUR OWN SNOWY OWL

nowy owls are only rare visitors to the UK, but with this kit you can bring one into your home! This easy-to-assemble kit slots together with no glue and no fuss. You can even turn its head 270 degrees, just like a real owl! It also comes with a fact sheet to

learn more about these brilliant birds.

We've got FIVE kits to give away!

Buy online at: **buildyourownkits.com** RRP: £9.99



FOR YOUR CHANCE TO WIN:

Draw an owl and send us your drawing!



WIN FARTH CLOCK



hat would our planet's history look like summed up in a single day? This brilliant book will tell you! Starting the clock from the formation of Earth, watch oceans rise and life bloom across the planet's surface as millions of years flash by in minutes! This book is written by Tom Jackson, illustrated by Nic Jones and published by Welbeck Children's Books.

We've got FOUR copies to give away.

RRP: £16.99



Just answer this question! How many spines does a hedgehog have?

a) Up to 700

b) Up to 7,000 c) Up to 70,000

Clue – the answer is in the magazine

If you're sending multiple entries, please try to put them in one email to save energy!

COMPETITION RULES