



30 Days Wild 2 Minute Challenges

1. Find a plant that you like the smell of.
2. Find as many colours as you can in nature– who can spot the most?.
3. Shut your eyes and listen for 5 different noises? Are they wild?
4. Find something prickly.
5. Find something tickly.
6. Get down low and see what the world looks like from the bugs viewpoint.
7. Find something old.
8. Find something very new.
9. Build a stick towers. Who can build it the highest?
10. Learn the name of a new flower/plant/tree.
11. Make a picture with sticks.
12. Use sticks to lay a trail for each other.
13. Decide which the tallest tree is near you.
14. Find something that doesn't belong in nature.
15. Look for some bugs under stones or logs.
16. Give a tree a hug, how does it feel?
17. Sit quietly for 2 minutes and just watch and listen.
18. Look at some leaves and tree bark through a magnifier. Notice any patterns?
19. Ask someone what their favourite thing about nature is.
20. Pretend to be a woodland animal and ask your friends to guess what you are.
21. Make some wild music..grab some sticks and play away!
22. Make a mini den.
23. Read a book outdoors.
24. Take your shoes and socks off and feel the grass.
25. Find a plant you think smells wiffy!
26. Use sticks and stones to play noughts and crosses.
27. Use sticks to invent an obstacle course for a squirrel or mouse.
28. Create a leaf, log or stick pile in a cool damp place to help wildlife in your garden.
29. Imagine you are a wild creature, where would your favourite spot in the garden be?
30. Watch the clouds for 2 minutes– what shapes can you see?

